



9. Lorsche Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Götz, Carsten

Total time: 1:26:56

Club: LT Lorsch

Number: 121

Course: 25.75 km

Rank in course/Total: 235 (of 307)

Lorsche Triathlon 0,5-20-5

Rank in course/Men: 196 (of 251)

Best time in course: 1:02:08

Category:

Rank in category: 28(of 31)

männl. AK 4 (TM 35-39)

Best time in the category: 1:02:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	12:47	25:33	24	5:04	193	5:32	0.50	12:47	25:33	32	0:08	251	4:02
Schwimmen Total	0.50	12:47												
Wechsel Schw.-R	0.25	5:11	20:44	31	3:39	238	3:46	0.75	17:58	23:57	32	3:12	245	7:18
Rad	20.00	39:42	1:59	22	7:52	153	9:25	20.75	57:40	2:46	32	6:55	250	14:36
Rad Total	20.25	44:53												
Laufrunde 2,5 km	2.50	14:37	5:50	28	4:59	204	5:36	23.25	1:12:17	3:06	32	10:45	26	18:57
Lauf	2.50	14:39	5:51	29	4:54	206	5:42	25.75	1:26:56	3:22	28	24:48	197	24:48
Lauf Total	25.25	1:26:56												