



9. Lorsche Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Farnung, karl

Club: Heppenheim

Number: 1

Course: 25.75 km

Lorsche Triathlon 0,5-20-5

Category:

männl. AK 2 (TM 25-29)

Total time: 1:11:50

Rank in course/Total: 69 (of 307)

Rank in course/Men: 66 (of 251)

Best time in course: 1:02:08

Rank in category: 7(of 13)

Best time in the category: 1:04:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	9:51	19:41	5	1:30	51	2:36	0.50	9:51	19:41	1	-	7	1:06
Schwimmen Total	0.50	9:51												
Wechsel Schw.-R	0.25	2:11	8:43	6	0:42	57	0:46	0.75	12:02	16:02	1	-	11	1:22
Rad	20.00	36:43	1:50	8	3:57	79	6:26	20.75	48:45	2:20	1	-	11	5:41
Rad Total	20.25	38:54												
Laufrunde 2,5 km	2.50	11:25	4:33	9	2:09	93	2:24	23.25	1:00:10	2:35	1	-	11	6:50
Lauf	2.50	11:40	4:39	9	2:38	97	2:43	25.75	1:11:50	2:47	7	6:58	66	9:42
Lauf Total	25.25	1:11:50												