



9. Lorsch Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Walter, Dieter

Total time: 1:30:44

Club: Raibach

Number: 107

Course: 25.75 km

Rank in course/Total: 263 (of 307)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 219 (of 251)

Best time in course: 1:02:08

Category:

Rank in category: 4(of 8)

Senioren 6 (TM 65-69)

Best time in the category: 1:19:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	12:15	24:30	3	1:38	166	5:00	0.50	12:15	24:30	9	1:38	251	3:30
Schwimmen Total	0.50	12:15												
Wechsel Schw.-R	0.25	2:40	10:39	1	-	114	1:15	0.75	14:55	19:53	9	0:45	245	4:15
Rad	20.00	43:54	2:11	6	7:08	223	13:37	20.75	58:49	2:50	9	3:14	250	15:45
Rad Total	20.25	46:34												
Laufrunde 2,5 km	2.50	15:41	6:16	7	3:06	226	6:40	23.25	1:14:30	3:12	9	5:03	248	21:10
Lauf	2.50	16:14	6:29	7	2:42	230	7:17	25.75	1:30:44	3:31	4	11:27	220	28:36
Lauf Total	25.25	1:30:44												