



9. Lorsche Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Schumacher, Dr. Markus

Total time: 1:12:03

Club: DLRG Einhausen

Number: 163

Course: 25.75 km

Rank in course/Total: 73 (of 307)

Lorsche Triathlon 0,5-20-5

Rank in course/Men: 70 (of 251)

Best time in course: 1:02:08

Category:

Rank in category: 9(of 31)

männl. AK 4 (TM 35-39)

Best time in the category: 1:02:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	8:50	17:40	2	1:07	15	1:35	0.50	8:50	17:40	32		251	0:05
Schwimmen Total	0.50	8:50												
Wechsel Schw.-R	0.25	2:17	9:07	10	0:45	69	0:52	0.75	11:07	14:49	19		245	0:27
Rad	20.00	36:49	1:50	12	4:59	82	6:32	20.75	47:56	2:18	32		250	4:52
Rad Total	20.25	39:06												
Laufrunde 2,5 km	2.50	12:27	4:58	21	2:49	144	3:26	23.25	1:00:23	2:35	32		10	7:03
Lauf	2.50	11:40	4:39	15	1:55	97	2:43	25.75	1:12:03	2:47	9	9:55	70	9:55
Lauf Total	25.25	1:12:03												