



9. Lorsche Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Baumgartner, Michael

Club: TSV Amicitia Viernheim

Number: 145

Course: 25.75 km

Lorsche Triathlon 0,5-20-5

Category:

Senioren 1 (TM 40-44)

Total time: 1:13:33

Rank in course/Total: 97 (of 307)

Rank in course/Men: 91 (of 251)

Best time in course: 1:02:08

Rank in category: 19(of 52)

Best time in the category: 1:03:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	9:40	19:19	4	1:35	36	2:25	0.50	9:40	19:19	52		251	0:55
Schwimmen Total	0.50	9:40												
Wechsel Schw.-R	0.25	2:03	8:11	6	0:21	41	0:38	0.75	11:43	15:37	50		245	1:03
Rad	20.00	36:57	1:50	17	4:50	86	6:40	20.75	48:40	2:20	51	4:23	250	5:36
Rad Total	20.25	39:00												
Laufrunde 2,5 km	2.50	12:27	4:58	33	2:27	144	3:26	23.25	1:01:07	2:37	51	6:18	248	7:47
Lauf	2.50	12:26	4:58	35	2:39	144	3:29	25.75	1:13:33	2:51	19	9:57	91	11:25
Lauf Total	25.25	1:13:33												