



9. Lorsch Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Glanzner, Robert

Total time: 1:16:07

Club: Bürstadt

Number: 159

Course: 25.75 km

Rank in course/Total: 125 (of 307)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 112 (of 251)

Best time in course: 1:02:08

Category:

Rank in category: 25(of 57)

Senioren 2 (TM 45.49)

Best time in the category: 1:03:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen	0.50	10:13	20:26	14	2:17	77	2:58	0.50	10:13	20:26	58		251	1:28
Schwimmen Total	0.50	10:13												
Wechsel Schw.-R	0.25	2:33	10:11	21	1:08	100	1:08	0.75	12:46	17:01	56		245	2:06
Rad	20.00	39:55	1:59	34	9:38	156	9:38	20.75	52:41	2:32	58		250	9:37
Rad Total	20.25	42:28												
Laufrunde 2,5 km	2.50	11:37	4:38	20	1:59	100	2:36	23.25	1:04:18	2:45	56		248	10:58
Lauf	2.50	11:49	4:43	23	2:04	111	2:52	25.75	1:16:07	2:57	26	13:03	113	13:59
Lauf Total	25.25	1:16:07												