



9. Lorsche Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Pfizer, Achim

Total time: 1:16:13

Club: Lorsch

Number: 165

Course: 25.75 km

Rank in course/Total: 128 (of 307)

Lorsche Triathlon 0,5-20-5

Rank in course/Men: 115 (of 251)

Best time in course: 1:02:08

Category:

Rank in category: 23(of 52)

Senioren 1 (TM 40-44)

Best time in the category: 1:03:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	11:33	23:06	27	3:28	141	4:18	0.50	11:33	23:06	52		251	2:48
Schwimmen Total	0.50	11:33												
Wechsel Schw.-R	0.25	2:34	10:16	20	0:52	102	1:09	0.75	14:07	18:49	50		245	3:27
Rad	20.00	37:52	1:53	25	5:45	112	7:35	20.75	51:59	2:30	51	7:42	250	8:55
Rad Total	20.25	40:26												
Laufrunde 2,5 km	2.50	12:24	4:57	32	2:24	140	3:23	23.25	1:04:23	2:46	51	9:34	248	11:03
Lauf	2.50	11:50	4:44	25	2:03	114	2:53	25.75	1:16:13	2:57	23	12:37	116	14:05
Lauf Total	25.25	1:16:13												