



9. Lorsche Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Völp, Bernd

Total time: 1:12:37

Club: Karben

Number: 35

Course: 25.75 km

Rank in course/Total: 86 (of 307)

Lorsche Triathlon 0,5-20-5

Rank in course/Men: 81 (of 251)

Best time in course: 1:02:08

Category:

Rank in category: 16(of 57)

Senioren 2 (TM 45.49)

Best time in the category: 1:03:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	10:38	21:15	22	2:42	101	3:23	0.50	10:38	21:15	58		13	1:53
Schwimmen Total	0.50	10:38												
Wechsel Schw.-R	0.25	2:41	10:43	25	1:16	116	1:16	0.75	13:19	17:45	56		13	2:39
Rad	20.00	37:06	1:51	21	6:49	93	6:49	20.75	50:25	2:25	58		13	7:21
Rad Total	20.25	39:47												
Laufrunde 2,5 km	2.50	11:19	4:31	16	1:41	79	2:18	23.25	1:01:44	2:39	56		13	8:24
Lauf	2.50	10:53	4:21	11	1:08	48	1:56	25.75	1:12:37	2:49	16	9:33	81	10:29
Lauf Total	25.25	1:12:37												