



9. Lorsch Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Neidhardt, Rudi

Total time: 1:22:56

Club: Nikar

Number: 176

Course: 25.75 km

Rank in course/Total: 201 (of 307)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 170 (of 251)

Best time in course: 1:02:08

Category:

Rank in category: 2(of 8)

Senioren 6 (TM 65-69)

Best time in the category: 1:19:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	11:01	22:02	2	0:24	120	3:46	0.50	11:01	22:02	9	0:24	251	2:16
Schwimmen Total	0.50	11:01												
Wechsel Schw.-R	0.25	2:42	10:48	2	0:02	120	1:17	0.75	13:43	18:17	9		245	3:03
Rad	20.00	40:35	2:01	2	3:49	166	10:18	20.75	54:18	2:37	9		250	11:14
Rad Total	20.25	43:17												
Laufrunde 2,5 km	2.50	14:12	5:40	4	1:37	198	5:11	23.25	1:08:30	2:56	9		248	15:10
Lauf	2.50	14:26	5:46	3	0:54	199	5:29	25.75	1:22:56	3:13	2	3:39	171	20:48
Lauf Total	25.25	1:22:56												