



9. Lorsch Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Dobirr, Christian

Total time: 1:03:51

Club: Isv ladenburg-tria

Number: 232

Course: 25.75 km

Rank in course/Total: 7 (of 307)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 7 (of 251)

Best time in course: 1:02:08

Category:

Rank in category: 1(of 21)

Senioren 3 (TM 50-54)

Best time in the category: 1:03:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	7:49	15:37	1	-	3	0:34	0.50	7:49	15:37	22		251	
Schwimmen Total	0.50	7:49												
Wechsel Schw.-R	0.25	2:05	8:20	5	0:36	46	0:40	0.75	9:54	13:12	22		245	
Rad	20.00	32:47	1:38	2	0:07	10	2:30	20.75	42:41	2:03	22		250	
Rad Total	20.25	34:52												
Laufrunde 2,5 km	2.50	10:49	4:19	6	0:48	51	1:48	23.25	53:30	2:18	22		248	0:10
Lauf	2.50	10:21	4:08	4	0:20	21	1:24	25.75	1:03:51	2:28	1	-	7	1:43
Lauf Total	25.25	1:03:51												