



9. Lorsch Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Plicka, Pitt

Total time: 1:24:59

Club: Darmstadt

Number: 177

Course: 25.75 km

Rank in course/Total: 225 (of 307)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 190 (of 251)

Best time in course: 1:02:08

Category:

Rank in category: 44(of 52)

Senioren 1 (TM 40-44)

Best time in the category: 1:03:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	13:11	26:22	42	5:06	201	5:56	0.50	13:11	26:22	52		251	4:26
Schwimmen Total	0.50	13:11												
Wechsel Schw.-R	0.25	3:51	15:24	43	2:09	201	2:26	0.75	17:02	22:42	50		245	6:22
Rad	20.00	43:47	2:11	47	11:40	221	13:30	20.75	1:00:49	2:55	51	16:32	250	17:45
Rad Total	20.25	47:38												
Laufrunde 2,5 km	2.50	12:00	4:47	25	2:00	114	2:59	23.25	1:12:49	3:07	51	18:00	248	19:29
Lauf	2.50	12:10	4:51	31	2:23	130	3:13	25.75	1:24:59	3:18	44	21:23	191	22:51
Lauf Total	25.25	1:24:59												