



9. Lorsche Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Tamkan, Cem Joachim

Total time: 1:46:21

Club: Einhausen

Number: 114

Course: 25.75 km

Rank in course/Total: 301 (of 307)

Lorsche Triathlon 0,5-20-5

Rank in course/Men: 245 (of 251)

Best time in course: 1:02:08

Category:

Rank in category: 55(of 57)

Senioren 2 (TM 45.49)

Best time in the category: 1:03:04

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	13:15	26:30	43	5:19	202	6:00	0.50	13:15	26:30	58	2:25	251	4:30
Schwimmen Total	0.50	13:15												
Wechsel Schw.-R	0.25	3:51	15:24	45	2:26	201	2:26	0.75	17:06	22:48	56	0:58	245	6:26
Rad	20.00	51:55	2:35	57	21:38	249	21:38	20.75	1:09:01	3:19	58	6:17	250	25:57
Rad Total	20.25	55:46												
Laufrunde 2,5 km	2.50	17:46	7:06	52	8:08	242	8:45	23.25	1:26:47	3:43	56	9:17	248	33:27
Lauf	2.50	19:34	7:49	55	9:49	244	10:37	25.75	1:46:21	4:07	56	43:17	246	44:13
Lauf Total	25.25	1:46:21												