



9. Lorsch Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Syroth, Hans-Dieter

Club: Seeheim-Jugenheim

Number: 173

Total time: 1:27:32

Enduro E Bike

Category:

Senioren 2 (TM 45.49)

Rank in course/Total: 243 (of 307)

Rank in course/Men: 204 (of 251)

Best time in course: 1:02:08

Rank in category: 39(of 57)

Best time in the category: 1:03:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	13:26	26:52	47	5:30	210	6:11	0.50	13:26	26:52	58	2:36	28	4:41
Schwimmen Total	0.50	13:26												
Wechsel Schw.-R	0.25	3:22	13:28	37	1:57	179	1:57	0.75	16:48	22:24	56	0:40	245	6:08
Rad	20.00	39:25	1:58	31	9:08	149	9:08	20.75	56:13	2:42	58		28	13:09
Rad Total	20.25	42:47												
Laufrunde 2,5 km	2.50	15:20	6:08	43	5:42	219	6:19	23.25	1:11:33	3:04	56		248	18:13
Lauf	2.50	15:59	6:23	47	6:14	225	7:02	-	1:27:32	-	40	24:28	205	25:24
Lauf Total	0.00	1:27:32												