



9. Lorsche Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Schmidt, Holger

Club: Mannem vorne

Number: 24

Total time: 1:15:07

Enduro E Bike

Category:

Senioren 1 (TM 40-44)

Rank in course/Total: 113 (of 307)

Rank in course/Men: 103 (of 251)

Best time in course: 1:02:08

Rank in category: 21(of 52)

Best time in the category: 1:03:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	12:11	24:22	34	4:06	163	4:56	0.50	12:11	24:22	52		15	3:26
Schwimmen Total	0.50	12:11												
Wechsel Schw.-R	0.25	2:26	9:43	15	0:44	86	1:01	0.75	14:37	19:29	50		15	3:57
Rad	20.00	37:35	1:52	21	5:28	102	7:18	20.75	52:12	2:30	51	7:55	15	9:08
Rad Total	20.25	40:01												
Laufrunde 2,5 km	2.50	11:23	4:33	20	1:23	87	2:22	23.25	1:03:35	2:44	51	8:46	15	10:15
Lauf	2.50	11:32	4:36	20	1:45	85	2:35	-	1:15:07	-	21	11:31	104	12:59
Lauf Total	0.00	1:15:07												