



# 9. Lorsch Triathlon

Lorsch / 12.08.2012

## Detailed evaluation

**Frisch, Matthias**

**Total time: 1:09:09**

Club: Mannheim

Number: 199

Course: 25.75 km

Rank in course/Total: 38 (of 307)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 37 (of 251)

Best time in course: 1:02:08

Category:

Rank in category: 1(of 5)

männl. Junioren (TM 18/19)

Best time in the category: 1:09:09

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	7:15	14:30	1	-	1	-	0.50	7:15	14:30	6	-	251	-
Schwimmen Total	0.50	7:15												
Wechsel Schw.-R	0.25	2:30	10:00	3	0:15	93	1:05	0.75	9:45	13:00	6	-	245	-
Rad	20.00	36:38	1:49	3	0:52	78	6:21	20.75	46:23	2:14	6	-	250	3:19
Rad Total	20.25	39:08												
Laufrunde 2,5 km	2.50	11:01	4:24	2	0:27	59	2:00	23.25	57:24	2:28	6	-	248	4:04
Lauf	2.50	11:45	4:42	3	1:12	106	2:48	25.75	1:09:09	2:41	1	-	37	7:01
Lauf Total	25.25	1:09:09												