



9. Lorsch Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Kerner, Jonas

Total time: 1:10:42

Club: Mannheim

Number: 211

Course: 25.75 km

Rank in course/Total: 53 (of 307)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 51 (of 251)

Best time in course: 1:02:08

Category:

Rank in category: 6(of 19)

männl. AK 1 (TM 20-24)

Best time in the category: 1:03:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	9:07	18:14	3	0:53	21	1:52	0.50	9:07	18:14	1	-	251	0:22
Schwimmen Total	0.50	9:07												
Wechsel Schw.-R	0.25	2:19	9:16	7	0:26	71	0:54	0.75	11:26	15:14	19	0:07	245	0:46
Rad	20.00	35:57	1:47	4	1:39	55	5:40	20.75	47:23	2:17	20		250	4:19
Rad Total	20.25	38:16												
Laufrunde 2,5 km	2.50	11:24	4:33	10	2:23	91	2:23	23.25	58:47	2:31	20		248	5:27
Lauf	2.50	11:55	4:46	12	2:58	118	2:58	25.75	1:10:42	2:44	6	7:36	51	8:34
Lauf Total	25.25	1:10:42												