



9. Lorsch Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Thinius, Andreas

Total time: 1:12:15

Club: BSG Merck

Number: 208

Course: 25.75 km

Rank in course/Total: 78 (of 307)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 74 (of 251)

Best time in course: 1:02:08

Category:

Rank in category: 15(of 52)

Senioren 1 (TM 40-44)

Best time in the category: 1:03:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	10:50	21:40	18	2:45	108	3:35	0.50	10:50	21:40	10		251	2:05
Schwimmen Total	0.50	10:50												
Wechsel Schw.-R	0.25	2:01	8:03	5	0:19	34	0:36	0.75	12:51	17:07	8		245	2:11
Rad	20.00	36:32	1:49	15	4:25	74	6:15	20.75	49:23	2:22	51	5:06	250	6:19
Rad Total	20.25	38:33												
Laufrunde 2,5 km	2.50	11:17	4:30	18	1:17	76	2:16	23.25	1:00:40	2:36	51	5:51	248	7:20
Lauf	2.50	11:35	4:38	21	1:48	88	2:38	25.75	1:12:15	2:48	15	8:39	74	10:07
Lauf Total	25.25	1:12:15												