



9. Lorsch Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Keuschen, Patrick

Total time: 1:12:24

Club: Heppenheimer Skiclub

Number: 214

Course: 25.75 km

Rank in course/Total: 81 (of 307)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 77 (of 251)

Best time in course: 1:02:08

Category:

Rank in category: 16(of 52)

Senioren 1 (TM 40-44)

Best time in the category: 1:03:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	12:36	25:11	39	4:31	184	5:21	0.50	12:36	25:11	11		251	3:51
Schwimmen Total	0.50	12:36												
Wechsel Schw.-R	0.25	2:36	10:24	22	0:54	106	1:11	0.75	15:12	20:15	9		245	4:32
Rad	20.00	35:48	1:47	11	3:41	53	5:31	20.75	51:00	2:27	51	6:43	250	7:56
Rad Total	20.25	38:24												
Laufrunde 2,5 km	2.50	10:46	4:18	11	0:46	48	1:45	23.25	1:01:46	2:39	51	6:57	248	8:26
Lauf	2.50	10:38	4:15	7	0:51	39	1:41	25.75	1:12:24	2:48	16	8:48	77	10:16
Lauf Total	25.25	1:12:24												