



9. Lorsch Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Philipp, Thomas

Total time: 1:13:07

Club: Offenbach

Number: 223

Course: 25.75 km

Rank in course/Total: 91 (of 307)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 85 (of 251)

Best time in course: 1:02:08

Category:

Rank in category: 9(of 13)

männl. AK 2 (TM 25-29)

Best time in the category: 1:04:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	9:48	19:36	4	1:27	46	2:33	0.50	9:48	19:36	14		2	1:03
Schwimmen Total	0.50	9:48												
Wechsel Schw.-R	0.25	3:01	12:03	9	1:32	143	1:36	0.75	12:49	17:05	13	0:47	12	2:09
Rad	20.00	37:08	1:51	11	4:22	94	6:51	20.75	49:57	2:24	14	1:12	250	6:53
Rad Total	20.25	40:09												
Laufrunde 2,5 km	2.50	11:37	4:38	10	2:21	100	2:36	23.25	1:01:34	2:38	14	1:24	248	8:14
Lauf	2.50	11:33	4:37	7	2:31	86	2:36	25.75	1:13:07	2:50	9	8:15	85	10:59
Lauf Total	25.25	1:13:07												