



9. Lorsch Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Kuhn, Joachim

Club: SRC-Viernheim

Number: 185

Course: 25.75 km

Lorsch Triathlon 0,5-20-5

Category:

Senioren 2 (TM 45.49)

Total time: 1:33:29

Rank in course/Total: 278 (of 307)

Rank in course/Men: 228 (of 251)

Best time in course: 1:02:08

Rank in category: 49(of 57)

Best time in the category: 1:03:04

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	17:11	34:22	57	9:15	250	9:56	0.50	17:11	34:22	58	6:21	251	8:26
Schwimmen Total	0.50	17:11												
Wechsel Schw.-R	0.25	4:56	19:44	53	3:31	235	3:31	0.75	22:07	29:29	56	5:59	245	11:27
Rad	20.00	42:14	2:06	45	11:57	199	11:57	20.75	1:04:21	3:06	58	1:37	250	21:17
Rad Total	20.25	47:10												
Laufrunde 2,5 km	2.50	14:31	5:48	40	4:53	201	5:30	23.25	1:18:52	3:23	56	1:22	248	25:32
Lauf	2.50	14:37	5:50	41	4:52	205	5:40	25.75	1:33:29	3:37	50	30:25	229	31:21
Lauf Total	25.25	1:33:29												