



9. Lorsch Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Schwarz, Wolfgang

Club: SRH Heidelberg

Number: 160

Course: 25.75 km

Lorsch Triathlon 0,5-20-5

Category:

Senioren 6 (TM 65-69)

Total time: 1:33:48

Rank in course/Total: 280 (of 307)

Rank in course/Men: 229 (of 251)

Best time in course: 1:02:08

Rank in category: 7(of 8)

Best time in the category: 1:19:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	13:36	27:11	5	2:59	218	6:21	0.50	13:36	27:11	9	2:59	251	4:51
Schwimmen Total	0.50	13:36												
Wechsel Schw.-R	0.25	3:18	13:11	4	0:38	172	1:53	0.75	16:54	22:31	9	2:44	245	6:14
Rad	20.00	47:05	2:21	7	10:19	239	16:48	20.75	1:03:59	3:05	9	8:24	250	20:55
Rad Total	20.25	50:23												
Laufrunde 2,5 km	2.50	15:02	6:00	5	2:27	215	6:01	23.25	1:19:01	3:23	9	9:34	248	25:41
Lauf	2.50	14:47	5:54	5	1:15	211	5:50	25.75	1:33:48	3:38	7	14:31	230	31:40
Lauf Total	25.25	1:33:48												