



# 9. Lorsch Triathlon

Lorsch / 12.08.2012

## Detailed evaluation

Ritzmann, Uwe

Total time: 1:18:47

Club: Heidelberg

Number: 14

Course: 25.75 km

Rank in course/Total: 160 (of 307)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 141 (of 251)

Best time in course: 1:02:08

Category:

Rank in category: 9(of 21)

Senioren 3 (TM 50-54)

Best time in the category: 1:03:51

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	13:04	26:07	18	5:15	198	5:49	0.50	13:04	26:07	22	2:06	17	4:19
Schwimmen Total	0.50	13:04												
Wechsel Schw.-R	0.25	2:58	11:52	12	1:29	139	1:33	0.75	16:02	21:22	22	2:23	17	5:22
Rad	20.00	36:10	1:48	8	3:30	63	5:53	20.75	52:12	2:30	22	0:11	15	9:08
Rad Total	20.25	39:08												
Laufrunde 2,5 km	2.50	15:00	6:00	18	4:59	213	5:59	23.25	1:07:12	2:53	22	4:59	17	13:52
Lauf	2.50	11:35	4:38	7	1:34	88	2:38	25.75	1:18:47	3:03	9	14:56	142	16:39
Lauf Total	25.25	1:18:47												