



# 9. Lorsch Triathlon

Lorsch / 12.08.2012

## Detailed evaluation

**Bernhardt, Sven**

**Total time: 1:22:59**

Club: Familia la Ratte

Number: 220

Course: 25.75 km

Rank in course/Total: 203 (of 307)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 171 (of 251)

Best time in course: 1:02:08

Category:

Rank in category: 11(of 11)

männl. AK 3 (TM 30-34)

Best time in the category: 1:04:01

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	12:45	25:30	11	4:03	190	5:30	0.50	12:45	25:30	12	2:57	251	4:00
Schwimmen Total	0.50	12:45												
Wechsel Schw.-R	0.25	3:25	13:39	10	1:50	181	2:00	0.75	16:10	21:33	12	4:26	245	5:30
Rad	20.00	40:58	2:02	11	8:44	175	10:41	20.75	57:08	2:45	12	13:10	250	14:04
Rad Total	20.25	44:23												
Laufrunde 2,5 km	2.50	12:44	5:05	10	2:22	160	3:43	23.25	1:09:52	3:00	12	15:01	248	16:32
Lauf	2.50	13:07	5:14	10	3:26	162	4:10	25.75	1:22:59	3:13	11	18:58	172	20:51
Lauf Total	25.25	1:22:59												