



9. Lorsche Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Novotny, Wolfgang

Total time: 1:23:46

Club: DLRG Fürth

Number: 226

Course: 25.75 km

Rank in course/Total: 209 (of 307)

Lorsche Triathlon 0,5-20-5

Rank in course/Men: 175 (of 251)

Best time in course: 1:02:08

Category:

Rank in category: 11(of 19)

Senioren 4 (TM 55-59)

Best time in the category: 1:10:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	11:30	23:00	7	2:55	137	4:15	0.50	11:30	23:00	10	0:01	251	2:45
Schwimmen Total	0.50	11:30												
Wechsel Schw.-R	0.25	4:01	16:03	13	2:11	210	2:36	0.75	15:31	20:41	10	1:35	245	4:51
Rad	20.00	40:51	2:02	11	5:34	172	10:34	20.75	56:22	2:42	10	6:40	250	13:18
Rad Total	20.25	44:52												
Laufrunde 2,5 km	2.50	14:02	5:36	13	3:18	195	5:01	23.25	1:10:24	3:01	10	9:23	248	17:04
Lauf	2.50	13:22	5:20	12	2:47	170	4:25	25.75	1:23:46	3:15	11	13:18	176	21:38
Lauf Total	25.25	1:23:46												