



9. Lorsch Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Faust, Christian

Total time: 1:05:33

Club: SC Heppenheim

Number: 246

Course: 25.75 km

Rank in course/Total: 16 (of 307)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 15 (of 251)

Best time in course: 1:02:08

Category:

Rank in category: 2(of 52)

Senioren 1 (TM 40-44)

Best time in the category: 1:03:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	8:05	16:10	1	-	6	0:50	0.50	8:05	16:10	52	-	251	-
Schwimmen Total	0.50	8:05												
Wechsel Schw.-R	0.25	1:42	6:47	1	-	8	0:17	0.75	9:47	13:02	50	-	245	-
Rad	20.00	34:30	1:43	4	2:23	25	4:13	20.75	44:17	2:08	1	-	250	1:13
Rad Total	20.25	36:12												
Laufrunde 2,5 km	2.50	10:32	4:12	7	0:32	33	1:31	23.25	54:49	2:21	1	-	248	1:29
Lauf	2.50	10:44	4:17	9	0:57	42	1:47	25.75	1:05:33	2:32	2	1:57	15	3:25
Lauf Total	25.25	1:05:33												