



# 9. Lorsch Triathlon

Lorsch / 12.08.2012

## Detailed evaluation

Si, Han

Total time: 1:07:42

Club: Bensheim

Number: 248

Course: 25.75 km

Rank in course/Total: 28 (of 307)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 27 (of 251)

Best time in course: 1:02:08

Category:

Rank in category: 5(of 31)

männl. AK 4 (TM 35-39)

Best time in the category: 1:02:08

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	8:52	17:44	3	1:09	16	1:37	0.50	8:52	17:44	32		251	0:07
Schwimmen Total	0.50	8:52												
Wechsel Schw.-R	0.25	2:04	8:16	7	0:32	44	0:39	0.75	10:56	14:34	32		245	0:16
Rad	20.00	34:27	1:43	4	2:37	24	4:10	20.75	45:23	2:11	32		250	2:19
Rad Total	20.25	36:31												
Laufrunde 2,5 km	2.50	11:04	4:25	12	1:26	62	2:03	23.25	56:27	2:25	32		248	3:07
Lauf	2.50	11:15	4:30	11	1:30	69	2:18	25.75	1:07:42	2:37	5	5:34	27	5:34
Lauf Total	25.25	1:07:42												