



# 9. Lorsch Triathlon

Lorsch / 12.08.2012

## Detailed evaluation

**Randt, Dr. Christoph**

**Total time: 1:28:38**

Club: LT Hemsbach

Number: 194

Course: 25.75 km

Rank in course/Total: 249 (of 307)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 210 (of 251)

Best time in course: 1:02:08

Category:

Rank in category: 17(of 19)

Senioren 4 (TM 55-59)

Best time in the category: 1:10:28

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	15:12	30:23	19	6:37	243	7:57	0.50	15:12	30:23	9	3:43	251	6:27
Schwimmen Total	0.50	15:12												
Wechsel Schw.-R	0.25	6:23	25:32	19	4:33	242	4:58	0.75	21:35	28:46	9	7:39	245	10:55
Rad	20.00	43:47	2:11	18	8:30	221	13:30	20.75	1:05:22	3:09	9	15:40	250	22:18
Rad Total	20.25	50:10												
Laufrunde 2,5 km	2.50	11:47	4:42	6	1:03	108	2:46	23.25	1:17:09	3:19	9	16:08	248	23:49
Lauf	2.50	11:29	4:35	5	0:54	83	2:32	25.75	1:28:38	3:26	17	18:10	211	26:30
Lauf Total	25.25	1:28:38												