



9. Lorsch Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Franz, Thomas

Total time: 1:30:10

Club: Bensheim

Number: 195

Course: 25.75 km

Rank in course/Total: 256 (of 307)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 214 (of 251)

Best time in course: 1:02:08

Category:

Rank in category: 43(of 57)

Senioren 2 (TM 45.49)

Best time in the category: 1:03:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	13:16	26:32	44	5:20	203	6:01	0.50	13:16	26:32	58	2:26	251	4:31
Schwimmen Total	0.50	13:16												
Wechsel Schw.-R	0.25	3:51	15:24	45	2:26	201	2:26	0.75	17:07	22:49	56	0:59	245	6:27
Rad	20.00	41:07	2:03	40	10:50	180	10:50	20.75	58:14	2:48	58		250	15:10
Rad Total	20.25	44:58												
Laufrunde 2,5 km	2.50	15:40	6:15	47	6:02	225	6:39	23.25	1:13:54	3:10	56		248	20:34
Lauf	2.50	16:16	6:30	49	6:31	232	7:19	25.75	1:30:10	3:30	44	27:06	215	28:02
Lauf Total	25.25	1:30:10												