



9. Lorsch Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Tischer, Dr. Christian

Total time: 1:14:36

Club: Heidelberg

Number: 260

Course: 25.75 km

Rank in course/Total: 110 (of 307)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 101 (of 251)

Best time in course: 1:02:08

Category:

Rank in category: 15(of 31)

männl. AK 4 (TM 35-39)

Best time in the category: 1:02:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	11:31	23:02	17	3:48	140	4:16	0.50	11:31	23:02	32		251	2:46
Schwimmen Total	0.50	11:31												
Wechsel Schw.-R	0.25	3:29	13:56	26	1:57	184	2:04	0.75	15:00	20:00	32	0:14	245	4:20
Rad	20.00	38:31	1:55	18	6:41	126	8:14	20.75	53:31	2:34	32	2:46	250	10:27
Rad Total	20.25	42:00												
Laufrunde 2,5 km	2.50	10:08	4:03	5	0:30	14	1:07	23.25	1:03:39	2:44	32	2:07	248	10:19
Lauf	2.50	10:57	4:22	9	1:12	53	2:00	25.75	1:14:36	2:53	15	12:28	102	12:28
Lauf Total	25.25	1:14:36												