



9. Lorsch Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Nordt, Andreas

Total time: 1:34:31

Club: Lorsch

Number: 202

Course: 25.75 km

Rank in course/Total: 283 (of 307)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 231 (of 251)

Best time in course: 1:02:08

Category:

Rank in category: 50(of 57)

Senioren 2 (TM 45.49)

Best time in the category: 1:03:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	13:42	27:23	50	5:46	224	6:27	0.50	13:42	27:23	58	2:52	251	4:57
Schwimmen Total	0.50	13:42												
Wechsel Schw.-R	0.25	4:00	16:00	48	2:35	208	2:35	0.75	17:42	23:35	56	1:34	245	7:02
Rad	20.00	45:25	2:16	51	15:08	233	15:08	20.75	1:03:07	3:02	58	0:23	250	20:03
Rad Total	20.25	49:25												
Laufrunde 2,5 km	2.50	15:39	6:15	46	6:01	224	6:38	23.25	1:18:46	3:23	56	1:16	248	25:26
Lauf	2.50	15:45	6:17	46	6:00	224	6:48	25.75	1:34:31	3:40	51	31:27	232	32:23
Lauf Total	25.25	1:34:31												