



9. Lorsch Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Thomas, Andreas

Total time: 1:16:07

Club: Offstein

Number: 241

Course: 25.75 km

Rank in course/Total: 126 (of 307)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 112 (of 251)

Best time in course: 1:02:08

Category:

Rank in category: 11(of 19)

männl. AK 1 (TM 20-24)

Best time in the category: 1:03:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	9:07	18:14	3	0:53	21	1:52	0.50	9:07	18:14	1	-	251	0:22
Schwimmen Total	0.50	9:07												
Wechsel Schw.-R	0.25	2:12	8:48	6	0:19	59	0:47	0.75	11:19	15:05	1	-	245	0:39
Rad	20.00	40:12	2:00	14	5:54	158	9:55	20.75	51:31	2:28	1	-	250	8:27
Rad Total	20.25	42:24												
Laufrunde 2,5 km	2.50	11:10	4:28	7	2:09	67	2:09	23.25	1:02:41	2:41	1	-	248	9:21
Lauf	2.50	13:26	5:22	15	4:29	172	4:29	25.75	1:16:07	2:57	11	13:01	113	13:59
Lauf Total	25.25	1:16:07												