



# 9. Lorsch Triathlon

Lorsch / 12.08.2012

## Detailed evaluation

Zarza, Rafael

Total time: 1:20:10

Club: Alsbach

Number: 36

Rank in course/Total: 177 (of 307)

Rank in course/Men: 156 (of 251)

Best time in course: 1:02:08

Enduro E Bike

Category:

Rank in category: 32(of 57)

Senioren 2 (TM 45.49)

Best time in the category: 1:03:04

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	12:29	24:57	40	4:33	178	5:14	0.50	12:29	24:57	58	1:39	21	3:44
Schwimmen Total	0.50	12:29												
Wechsel Schw.-R	0.25	2:38	10:31	24	1:13	112	1:13	0.75	15:07	20:09	56		21	4:27
Rad	20.00	40:37	2:01	37	10:20	167	10:20	20.75	55:44	2:41	58		21	12:40
Rad Total	20.25	43:15												
Laufrunde 2,5 km	2.50	12:25	4:58	29	2:47	141	3:24	23.25	1:08:09	2:55	56		21	14:49
Lauf	2.50	12:01	4:48	26	2:16	125	3:04	-	1:20:10	-	33	17:06	157	18:02
Lauf Total	0.00	1:20:10												