



9. Lorsche Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Cop, Fryderyk

Club: TRIA Leierhans

Number: 251

Total time: 1:16:18

Enduro E Bike

Category:

Senioren 5 (TM 60-64)

Rank in course/Total: 130 (of 307)

Rank in course/Men: 117 (of 251)

Best time in course: 1:02:08

Rank in category: 2(of 11)

Best time in the category: 1:11:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	10:15	20:30	3	0:26	80	3:00	0.50	10:15	20:30	12	0:26	251	1:30
Schwimmen Total	0.50	10:15												
Wechsel Schw.-R	0.25	3:11	12:43	5	1:11	161	1:46	0.75	13:26	17:54	12	1:37	245	2:46
Rad	20.00	38:31	1:55	3	2:17	126	8:14	20.75	51:57	2:30	12	3:54	250	8:53
Rad Total	20.25	41:42												
Laufrunde 2,5 km	2.50	12:04	4:49	2	0:31	121	3:03	23.25	1:04:01	2:45	12	4:25	248	10:41
Lauf	2.50	12:17	4:54	3	0:41	138	3:20	-	1:16:18	-	2	5:06	118	14:10
Lauf Total	0.00	1:16:18												