



9. Lorsch Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Hinkel, Diethard

Total time: 1:17:06

Club: Worms

Number: 282

Course: 25.75 km

Rank in course/Total: 143 (of 307)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 127 (of 251)

Best time in course: 1:02:08

Category:

Rank in category: 28(of 57)

Senioren 2 (TM 45.49)

Best time in the category: 1:03:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	12:27	24:53	39	4:31	174	5:12	0.50	12:27	24:53	8	1:37	22	3:42
Schwimmen Total	0.50	12:27												
Wechsel Schw.-R	0.25	2:34	10:16	22	1:09	102	1:09	0.75	15:01	20:01	7		245	4:21
Rad	20.00	37:48	1:53	23	7:31	108	7:31	20.75	52:49	2:32	8		250	9:45
Rad Total	20.25	40:22												
Laufrunde 2,5 km	2.50	12:18	4:55	28	2:40	135	3:17	23.25	1:05:07	2:48	7		248	11:47
Lauf	2.50	11:59	4:47	25	2:14	122	3:02	25.75	1:17:06	2:59	29	14:02	128	14:58
Lauf Total	25.25	1:17:06												