



9. Lorsch Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Greminger, Horst

Total time: 1:19:17

Club: Lorsch

Number: 250

Course: 25.75 km

Rank in course/Total: 167 (of 307)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 146 (of 251)

Best time in course: 1:02:08

Category:

Rank in category: 1(of 8)

Senioren 6 (TM 65-69)

Best time in the category: 1:19:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	12:26	24:52	4	1:49	171	5:11	0.50	12:26	24:52	9	1:49	251	3:41
Schwimmen Total	0.50	12:26												
Wechsel Schw.-R	0.25	2:44	10:56	3	0:04	125	1:19	0.75	15:10	20:13	9	1:00	245	4:30
Rad	20.00	36:46	1:50	1	-	80	6:29	20.75	51:56	2:30	9		19	8:52
Rad Total	20.25	39:30												
Laufrunde 2,5 km	2.50	12:35	5:01	1	-	152	3:34	23.25	1:04:31	2:46	9		248	11:11
Lauf	2.50	14:46	5:54	4	1:14	210	5:49	25.75	1:19:17	3:04	1	-	147	17:09
Lauf Total	25.25	1:19:17												