



9. Lorsch Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Linnert, Christoph

Total time: 1:03:36

Club: Mühlthal

Number: 325

Course: 25.75 km

Rank in course/Total: 5 (of 307)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 5 (of 251)

Best time in course: 1:02:08

Category:

Rank in category: 1(of 52)

Senioren 1 (TM 40-44)

Best time in the category: 1:03:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	9:27	18:53	3	1:22	31	2:12	0.50	9:27	18:53	52		251	0:42
Schwimmen Total	0.50	9:27												
Wechsel Schw.-R	0.25	1:57	7:47	4	0:15	28	0:32	0.75	11:24	15:12	50		8	0:44
Rad	20.00	32:07	1:36	1	-	3	1:50	20.75	43:31	2:05	51		250	0:27
Rad Total	20.25	34:04												
Laufrunde 2,5 km	2.50	10:02	4:00	2	0:02	11	1:01	23.25	53:33	2:18	51		248	0:13
Lauf	2.50	10:03	4:01	2	0:16	12	1:06	25.75	1:03:36	2:28	1	-	5	1:28
Lauf Total	25.25	1:03:36												