



9. Lorsche Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Gärtner, Sascha

Club: Bürstadt

Number: 336

Total time: 1:04:01

Enduro E Bike

Category:

männl. AK 3 (TM 30-34)

Rank in course/Total: 8 (of 307)

Rank in course/Men: 8 (of 251)

Best time in course: 1:02:08

Rank in category: 1(of 11)

Best time in the category: 1:04:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	8:42	17:23	1	-	13	1:27	0.50	8:42	17:23	12	-	251	-
Schwimmen Total	0.50	8:42												
Wechsel Schw.-R	0.25	1:35	6:19	1	-	5	0:10	0.75	10:17	13:42	12	-	245	-
Rad	20.00	33:27	1:40	2	1:13	15	3:10	20.75	43:44	2:06	12	-	250	0:40
Rad Total	20.25	35:02												
Laufrunde 2,5 km	2.50	10:22	4:08	1	-	26	1:21	23.25	54:06	2:19	12	-	248	0:46
Lauf	2.50	9:55	3:57	2	0:14	9	0:58	-	1:04:01	-	1	-	8	1:53
Lauf Total	0.00	1:04:01												