



# 9. Lorsch Triathlon

Lorsch / 12.08.2012

## Detailed evaluation

**Hammann, Roger**

**Total time: 1:04:19**

Club: tsv 03 wolfskehlen

Number: 330

Course: 25.75 km

Rank in course/Total: 9 (of 307)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 9 (of 251)

Best time in course: 1:02:08

Category:

Rank in category: 3(of 57)

Senioren 2 (TM 45.49)

Best time in the category: 1:03:04

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	8:23	16:45	2	0:27	9	1:08	0.50	8:23	16:45	58		251	
Schwimmen Total	0.50	8:23												
Wechsel Schw.-R	0.25	2:02	8:07	10	0:37	39	0:37	0.75	10:25	13:53	56		245	
Rad	20.00	34:10	1:42	7	3:53	21	3:53	20.75	44:35	2:08	58		250	1:31
Rad Total	20.25	36:12												
Laufrunde 2,5 km	2.50	9:48	3:55	2	0:10	6	0:47	23.25	54:23	2:20	56		248	1:03
Lauf	2.50	9:56	3:58	2	0:11	10	0:59	25.75	1:04:19	2:29	3	1:15	9	2:11
Lauf Total	25.25	1:04:19												