



9. Lorsche Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Buchholz, Gert

Total time: 1:04:45

Club: Weinstadt

Number: 328

Course: 25.75 km

Rank in course/Total: 12 (of 307)

Lorsche Triathlon 0,5-20-5

Rank in course/Men: 11 (of 251)

Best time in course: 1:02:08

Category:

Rank in category: 2(of 21)

Senioren 3 (TM 50-54)

Best time in the category: 1:03:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	9:16	18:32	4	1:27	26	2:01	0.50	9:16	18:32	22		251	0:31
Schwimmen Total	0.50	9:16												
Wechsel Schw.-R	0.25	1:29	5:56	1	-	2	0:04	0.75	10:45	14:20	22		245	0:05
Rad	20.00	33:58	1:41	3	1:18	19	3:41	20.75	44:43	2:09	22		250	1:39
Rad Total	20.25	35:27												
Laufrunde 2,5 km	2.50	10:01	4:00	1	-	10	1:00	23.25	54:44	2:21	22		248	1:24
Lauf	2.50	10:01	4:00	1	-	11	1:04	25.75	1:04:45	2:30	2	0:54	11	2:37
Lauf Total	25.25	1:04:45												