



9. Lorsche Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Knörzer, Uli

Club: Laudenbach

Number: 318

Course: 25.75 km

Lorsche Triathlon 0,5-20-5

Category:

Senioren 2 (TM 45.49)

Total time: 1:04:56

Rank in course/Total: 14 (of 307)

Rank in course/Men: 13 (of 251)

Best time in course: 1:02:08

Rank in category: 4(of 57)

Best time in the category: 1:03:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	10:12	20:23	13	2:16	75	2:57	0.50	10:12	20:23	58		251	1:27
Schwimmen Total	0.50	10:12												
Wechsel Schw.-R	0.25	1:56	7:44	7	0:31	23	0:31	0.75	12:08	16:10	56		245	1:28
Rad	20.00	33:25	1:40	5	3:08	14	3:08	20.75	45:33	2:11	58		250	2:29
Rad Total	20.25	35:21												
Laufrunde 2,5 km	2.50	9:38	3:51	1	-	3	0:37	23.25	55:11	2:22	56		248	1:51
Lauf	2.50	9:45	3:53	1	-	4	0:48	25.75	1:04:56	2:31	4	1:52	13	2:48
Lauf Total	25.25	1:04:56												