



# 9. Lorsche Triathlon

Lorsch / 12.08.2012

## Detailed evaluation

Heydasch, Marcus

Total time: 1:11:37

Club: Worms

Number: 297

Course: 25.75 km

Rank in course/Total: 66 (of 307)

Lorsche Triathlon 0,5-20-5

Rank in course/Men: 63 (of 251)

Best time in course: 1:02:08

Category:

Rank in category: 8(of 31)

männl. AK 4 (TM 35-39)

Best time in the category: 1:02:08

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	9:38	19:15	7	1:55	35	2:23	0.50	9:38	19:15	32		251	0:53
Schwimmen Total	0.50	9:38												
Wechsel Schw.-R	0.25	2:19	9:16	11	0:47	71	0:54	0.75	11:57	15:55	32		245	1:17
Rad	20.00	36:34	1:49	11	4:44	76	6:17	20.75	48:31	2:20	32		250	5:27
Rad Total	20.25	38:53												
Laufrunde 2,5 km	2.50	11:19	4:31	14	1:41	79	2:18	23.25	59:50	2:34	32		248	6:30
Lauf	2.50	11:47	4:42	17	2:02	107	2:50	25.75	1:11:37	2:46	8	9:29	63	9:29
Lauf Total	25.25	1:11:37												