



9. Lorsch Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Schummer, Ingo

Total time: 1:12:23

Club: Darmstadt

Number: 294

Course: 25.75 km

Rank in course/Total: 80 (of 307)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 76 (of 251)

Best time in course: 1:02:08

Category:

Rank in category: 15(of 57)

Senioren 2 (TM 45.49)

Best time in the category: 1:03:04

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	10:35	21:10	21	2:39	99	3:20	0.50	10:35	21:10	58		251	1:50
Schwimmen Total	0.50	10:35												
Wechsel Schw.-R	0.25	1:47	7:08	4	0:22	11	0:22	0.75	12:22	16:29	56		245	1:42
Rad	20.00	36:55	1:50	19	6:38	85	6:38	20.75	49:17	2:22	58		250	6:13
Rad Total	20.25	38:42												
Laufrunde 2,5 km	2.50	11:24	4:33	18	1:46	91	2:23	23.25	1:00:41	2:36	56		248	7:21
Lauf	2.50	11:42	4:40	21	1:57	101	2:45	25.75	1:12:23	2:48	15	9:19	76	10:15
Lauf Total	25.25	1:12:23												