



9. Lorsche Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Bläß, Christian

Total time: 1:14:22

Club: Erpolzheim

Number: 323

Course: 25.75 km

Rank in course/Total: 108 (of 307)

Lorsche Triathlon 0,5-20-5

Rank in course/Men: 100 (of 251)

Best time in course: 1:02:08

Category:

Rank in category: 14(of 31)

männl. AK 4 (TM 35-39)

Best time in the category: 1:02:08

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	11:19	22:37	16	3:36	131	4:04	0.50	11:19	22:37	32		251	2:34
Schwimmen Total	0.50	11:19												
Wechsel Schw.-R	0.25	2:49	11:16	19	1:17	129	1:24	0.75	14:08	18:50	32		245	3:28
Rad	20.00	37:55	1:53	16	6:05	113	7:38	20.75	52:03	2:30	32	1:18	250	8:59
Rad Total	20.25	40:44												
Laufrunde 2,5 km	2.50	10:55	4:21	11	1:17	57	1:54	23.25	1:02:58	2:42	32	1:26	248	9:38
Lauf	2.50	11:24	4:33	12	1:39	77	2:27	25.75	1:14:22	2:53	14	12:14	101	12:14
Lauf Total	25.25	1:14:22												