



9. Lorsch Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Neil, Stephanie

Total time: 1:20:52

Club: Mühlthal

Number: 324

Course: 25.75 km

Rank in course/Total: 183 (of 307)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 24 (of 56)

Best time in course: 1:04:35

Category:

Rank in category: 2(of 7)

Seniorinnen 1 (TW 40-44)

Best time in the category: 1:13:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	11:04	22:07	3	1:48	18	4:08	0.50	11:04	22:07	8	1:48	57	
Schwimmen Total	0.50	11:04												
Wechsel Schw.-R	0.25	2:43	10:52	2	0:28	26	1:03	0.75	13:47	18:22	8	2:16	57	
Rad	20.00	39:15	1:57	2	0:38	18	5:27	20.75	53:02	2:33	8	2:54	57	
Rad Total	20.25	41:58												
Laufrunde 2,5 km	2.50	13:57	5:34	2	2:22	35	3:47	23.25	1:06:59	2:52	8	5:16	57	
Lauf	2.50	13:53	5:33	2	1:50	34	3:42	25.75	1:20:52	3:08	2	7:06	24	16:17
Lauf Total	25.25	1:20:52												