



## 9. Lorsche Triathlon

Lorsch / 12.08.2012

### Detailed evaluation

Richert, Ingo

Club: Brensbach

Number: 312

Course: 25.75 km

Lorsche Triathlon 0,5-20-5

Category:

Senioren 1 (TM 40-44)

Total time: 1:22:37

Rank in course/Total: 197 (of 307)

Rank in course/Men: 166 (of 251)

Best time in course: 1:02:08

Rank in category: 40(of 52)

Best time in the category: 1:03:36

### Intermediate times

### Stage score

### Total ranking

| Control          | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men | Total<br>km | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
|------------------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|
| Schwimmen        | 0.50        | 11:34         | 23:07           | 28          | 3:29           | 143        | 4:19          | 0.50        | 11:34         | 23:07           | 52          |                | 251        | 2:49          |
| Schwimmen Total  | 0.50        | 11:34         |                 |             |                |            |               |             |               |                 |             |                |            |               |
| Wechsel Schw.-R  | 0.25        | 3:50          | 15:20           | 42          | 2:08           | 198        | 2:25          | 0.75        | 15:24         | 20:32           | 50          |                | 245        | 4:44          |
| Rad              | 20.00       | 40:33         | 2:01            | 36          | 8:26           | 164        | 10:16         | 20.75       | 55:57         | 2:41            | 51          | 11:40          | 250        | 12:53         |
| Rad Total        | 20.25       | 44:23         |                 |             |                |            |               |             |               |                 |             |                |            |               |
| Laufrunde 2,5 km | 2.50        | 12:48         | 5:07            | 39          | 2:48           | 161        | 3:47          | 23.25       | 1:08:45       | 2:57            | 51          | 13:56          | 248        | 15:25         |
| Lauf             | 2.50        | 13:52         | 5:32            | 43          | 4:05           | 184        | 4:55          | 25.75       | 1:22:37       | 3:12            | 40          | 19:01          | 167        | 20:29         |
| Lauf Total       | 25.25       | 1:22:37       |                 |             |                |            |               |             |               |                 |             |                |            |               |