



9. Lorsch Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Prenzel, Lutz

Total time: 1:27:03

Club: Sulzbach am Main

Number: 310

Course: 25.75 km

Rank in course/Total: 237 (of 307)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 199 (of 251)

Best time in course: 1:02:08

Category:

Rank in category: 8(of 11)

Senioren 5 (TM 60-64)

Best time in the category: 1:11:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	13:34	27:07	9	3:45	217	6:19	0.50	13:34	27:07	12	3:45	251	4:49
Schwimmen Total	0.50	13:34												
Wechsel Schw.-R	0.25	4:03	16:11	8	2:03	214	2:38	0.75	17:37	23:29	12	5:48	245	6:57
Rad	20.00	43:21	2:10	9	7:07	215	13:04	20.75	1:00:58	2:56	12	12:55	250	17:54
Rad Total	20.25	47:24												
Laufrunde 2,5 km	2.50	12:48	5:07	5	1:15	161	3:47	23.25	1:13:46	3:10	12	14:10	248	20:26
Lauf	2.50	13:17	5:18	5	1:41	166	4:20	25.75	1:27:03	3:22	8	15:51	200	24:55
Lauf Total	25.25	1:27:03												