



# 9. Lorsch Triathlon

Lorsch / 12.08.2012

## Detailed evaluation

Niebauer, Claudia

Total time: 1:04:35

Club: Heppenheim

Number: 79

Course: 25.75 km

Rank in course/Total: 11 (of 307)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 1 (of 56)

Best time in course: 1:04:35

Category:

Rank in category: 1(of 8)

weibl. AK 4 (TW 35-39)

Best time in the category: 1:04:35

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	8:33	17:06	1	-	5	1:37	0.50	8:33	17:06	1	-	32	
Schwimmen Total	0.50	8:33												
Wechsel Schw.-R	0.25	1:51	7:24	1	-	2	0:11	0.75	10:24	13:52	1	-	32	
Rad	20.00	33:48	1:41	1	-	1	-	20.75	44:12	2:07	1	-	32	
Rad Total	20.25	35:39												
Laufrunde 2,5 km	2.50	10:10	4:03	1	-	1	-	23.25	54:22	2:20	1	-	32	
Lauf	2.50	10:13	4:05	1	-	2	0:02	25.75	1:04:35	2:30	1	-	1	-
Lauf Total	25.25	1:04:35												