



# 9. Lorsch Triathlon

Lorsch / 12.08.2012

## Detailed evaluation

### Sparkasse Bensheim

Club: Sparkasse Bensheim

Number: 344

Course: 25.75 km

Triathlonstaffel

Category:

Triathlon-Staffel

Total time: 1:09:14

Rank in course/Total: 7 (of 21)

Rank in course/Total: 7 (of 21)

Best time in course: 1:03:04

Rank in category: 7(of 21)

Best time in the category: 1:03:04

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen	0.50	9:15	18:30	7	2:31	7	2:31	0.50	9:15	18:30	16			16
Schwimmen Total	0.50	9:15												
Wechsel Schw.-R	0.25	1:32	6:08	4	0:17	4	0:17	0.75	10:47	14:22	16			16
Rad	20.00	35:01	1:45	6	34:20	6	34:20	20.75	45:48	2:12	16			16
Rad Total	20.25	36:33												
Laufrunde 2,5 km	2.50	11:16	4:30	7	2:45	7	2:45	23.25	57:04	2:27	16			16
Lauf	2.50	12:10	4:51	8	3:23	8	3:23	25.75	1:09:14	2:41	7	6:10	7	6:10
Lauf Total	25.25	1:09:14												