



9. Lorsch Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Jog & Rock Bensheim

Club: Jog & Rock Bensheim

Number: 354

Course: 25.75 km

Triathlonstaffel

Category:

Triathlon-Staffel

Total time: 1:13:29

Rank in course/Total: 10 (of 21)

Rank in course/Total: 10 (of 21)

Best time in course: 1:03:04

Rank in category: 10(of 21)

Best time in the category: 1:03:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen	0.50	6:47	13:33	2	0:03	2	0:03	0.50	6:47	13:33	13		13	
Schwimmen Total	0.50	6:47												
Wechsel Schw.-R	0.25	40:59	163:56	21	39:44	21	39:44	0.75	47:46	63:41	13	33:34	13	33:34
Rad	20.00	0:41	0:02	1	-	1	-	20.75	48:27	2:20	13		13	
Rad Total	20.25	41:40												
Laufrunde 2,5 km	2.50	12:14	4:53	14	3:43	14	3:43	23.25	1:00:41	2:36	13		13	
Lauf	2.50	12:48	5:07	9	4:01	9	4:01	25.75	1:13:29	2:51	10	10:25	10	10:25
Lauf Total	25.25	1:13:29												