



9. Lorsch Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Hofmann, Siegm

Total time: 1:15:57

Club: Reichelsheim

Number: 365

Course: 25.75 km

Rank in course/Total: 123 (of 307)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 110 (of 251)

Best time in course: 1:02:08

Category:

Rank in category: 24(of 57)

Senioren 2 (TM 45.49)

Best time in the category: 1:03:04

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	10:13	20:26	14	2:17	77	2:58	0.50	10:13	20:26	58		251	1:28
Schwimmen Total	0.50	10:13												
Wechsel Schw.-R	0.25	3:43	14:52	41	2:18	193	2:18	0.75	13:56	18:34	56		245	3:16
Rad	20.00	38:27	1:55	28	8:10	125	8:10	20.75	52:23	2:31	58		250	9:19
Rad Total	20.25	42:10												
Laufrunde 2,5 km	2.50	11:46	4:42	21	2:08	106	2:45	23.25	1:04:09	2:45	56		248	10:49
Lauf	2.50	11:48	4:43	22	2:03	108	2:51	25.75	1:15:57	2:56	25	12:53	111	13:49
Lauf Total	25.25	1:15:57												